Michael Gundlach

speedy fingers

Finger Exercises for all Pop/Rock Pianists and Keyboarders

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# A short explanation

1. **Exercises in C major**
   - Seconds/Thirds ........................................................ 6–12
   - Fourths ............................................................. 13–14
   - Sixths ............................................................. 15–17
   - Octaves ........................................................... 18–19
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A short explanation

The exercises in this book use the major scale, pentatonic scale, blues scale, and chromatic scale. These are the four most common scales in pop and rock music. The scales are used often for composing melodies and for improvisation.

There are a total of 430 finger exercises in this book. 86 individual exercises are presented in five different keys. The scale studies are broken down into intervals and the exercises contain three and four-part chords, playing each note individually.

At first there is a basic exercise, with the left hand and right hand playing the same notes in unison. The reason for this is to train the often neglected left hand. Then we have the improvisation exercises, applying the study into a musical context. The left hand plays a simple accompaniment, as usual in a musical setting. Now we’re having fun! We’re playing typical pop and rock harmonies in the improvisation exercises.

All the exercises include fingering to help you learn faster. Fingering is omitted when repeated from the previous exercise. If you find a fingering that suits you better, please use it!

The CD

All 86 exercises (in C major) are recorded on the CD which can be downloaded at www.migu-music.com. Because these exercises are repeated in different keys, we’ve only included the examples in C major. Every example is played twice: first slow, then faster.

Practice suggestions

Practice each exercise in this book individually with one hand. Mistakes are easier to correct and avoid when each hand is isolated. You can’t play it with both hands together, if you aren’t able to play it with each hand individually!

Practice with a metronome to keep your rhythm steady. Start each exercise slowly and gradually increase the tempo.

Listen to the exercise on the CD first, in order to hear the correct phrasing.
Seconds/Thirds
C major

1

2
Dm7
G7
CMaj7

3
Dm7
G7
CMaj7

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Bb major Pentatonic

Bb major

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